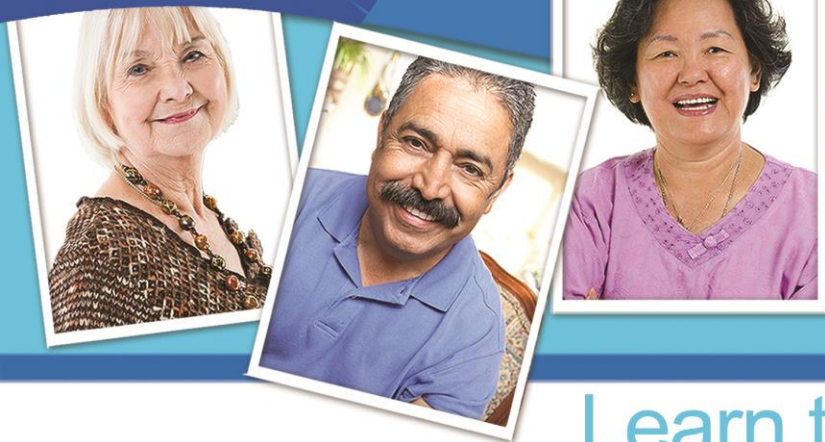


The Time is NOW



Learn to control your **DIABETES**

Are you a person with Medicare who has diabetes or know someone who does?

Sign up today for a FREE 6-week workshop in your area.

Diabetes Self-Management Program (DSMP) workshops include six different sessions, each covering a new topic.

*Sign up today and remember to mark your calendars, so you are able to **attend all six sessions**.*

We regret that there can be no new attendees after Workshop #2.

Workshop Location:

North 25 Housing – Community Room; 260 N. Willow St, Trenton, NJ 08618

Workshop #1: Date Thursday, February 22, 2018	Time 10:00 a.m. - 12:30 p.m.
Workshop #2: Date Thursday, March 1, 2018	Time 10:00 a.m. - 12:30 p.m.
Workshop #3: Date Thursday, March 8, 2018	Time 10:00 a.m. - 12:30 p.m.
Workshop #4: Date Thursday, March 15, 2018	Time 10:00 a.m. - 12:30 p.m.
Workshop #5: Date Thursday, March 22, 2018	Time 10:00 a.m. - 12:30 p.m.
Workshop #6: Date Thursday, March 29, 2018	Time 10:00 a.m. - 12:30 p.m.

Register by Contacting:

Edith Laramore at (609) 394-8687

Jamaine Williams at (732) 955-8168



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