

WHAT IS “HARM REDUCTION”?

It is staying safe and healthy while using substances.

[Harm reduction programs connect people who use drugs to supplies (e.g., new syringes, fentanyl test strips, and naloxone) that help prevent overdose deaths and the spread of infections. They also connect people to healthcare, medication for opioid use disorder (MOUD), HIV and Hepatitis C testing, and a community space free from judgment and stigma.]

- **New Jersey Harm Reduction Coalition**



“Naloxone (brand name Narcan) is the medication that reverses the effects of an opioid overdose. It is an incredibly safe, easy-to-use, and effective medication”
-**New Jersey Harm Reduction Coalition**

Where to find Naloxone In Mercer County:

1. **Hyacinth Foundation, Trenton**

The Hyacinth Foundation is one of several New Jersey Harm Reduction Centers serving the Trenton Area. Hyacinth is a safe, trauma-informed, non-stigmatizing space for people who use drugs to access sterile syringes, needles, injection equipment, and the life-saving drug naloxone (also known as Narcan), along with education on safer use, overdose prevention, and safe disposal of used equipment. Hyacinth is also an HIV service provider.

- **Location:** 849 West State Street, Trenton, NJ 08618
- **Hours:** Monday, Wednesday & Friday from 12:00 PM to 3:00 PM
- **Phone:** 609-396-8322
- **Email:** info@hyacinth.org

2. **New Jersey Harm Reduction Coalition Naloxone Mail Program**

“Through our partnership with NEXT Distro and our statewide supply request line, we mail naloxone (brand name Narcan) discreetly and for free to anyone in New Jersey who requests it, prioritizing those most likely to witness an overdose. You can also request naloxone confidentially by calling or texting 1-877-4NARCAN”

- **Link to access:** <https://nextdistro.org/imlanguagechoice>

3. **Mercer County Library System**

“In partnership with the New Jersey Department of Human Services, MCLS is participating in New Jersey’s Naloxone Distribution Program – designed to ensure communities across Mercer County impacted by the opioid epidemic have low-barrier access to Naloxone (Narcan). Each of the nine MCLS branches has kits available for distribution. No prescription is needed to access Narcan from the MCLS branches. A kit includes a supply of Naloxone with instructions, as well as

educational information and resources.”

Hours:

All Branches, Except Hollowbrook

Monday - Thursday:
9:30 AM - 8:30 PM

Friday & Saturday:
9:30 AM - 5:00 PM

Hollowbrook Branch

Monday - Friday:
9:00 AM — 5:00 PM

Sunday Hours

During the school year, the Ewing, Hickory Corner, Lawrence, and West Windsor Branches are open

12:30 PM - 5:00 PM.

4. New Jersey Coordinator for Addiction Responses and Recovery Strategies:

“All New Jersey pharmacies dispense naloxone without an individualized prescription pursuant to a standing order from the Deputy Commissioner, Public Health Services for the NJ Department of Health. Individuals may also obtain a prescription for naloxone from a physician, physician assistant, or advanced practice nurse, and have it filled at a local pharmacy, *even if the person is not the intended user* but a third-party individual (friend, family member, caregiver, etc.) who may assist someone in an opioid overdose emergency.”

- Online tool to find pharmacies that carry naloxone:
<https://opioidepidemic.maps.arcgis.com/apps/webappviewer/index.html?id=153b0c32fefc432eae6a0e8439b9f56>

5. NJ Division of Mental Health and Addiction Naloxone Fact Sheet

This document is a 5-step process on administering naloxone in the face of an overdose. The fact sheet also gives additional information on overdose prevention strategies, harm reduction resources, information on who should receive naloxone, and other important information pertaining to naloxone.

- Link to access:
https://www.state.nj.us/humanservices/dmhas/initiatives/Naloxone/FINAL_DMHAS%20Naloxone%20Fact%20Sheet%204.4.22%20V6.pdf
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“Medication-assisted treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a ‘whole-patient’ approach to the treatment of substance use disorders. Buprenorphine, methadone and naltrexone are used to treat opioid use disorders to short-acting opioids such as heroin, morphine, and codeine, as well as semi-synthetic opioids like oxycodone and hydrocodone. These MAT medications are safe to use for months, years, or even a lifetime” - **Substance Abuse and Mental Health Services Administration (SAMHSA)**



Where to find Medication-Assisted Treatment (MAT) in Mercer County:

1. Medication Assisted Treatment Resources Document

The Mercer County Office on Addiction Services Department of Human Services has created a helpful document on where to find different Medication Assisted Treatment services in Mercer county. The document also includes where to find other helpful and necessary resources.

- **Link to access:**  [MAT Client Resources 2021.pdf](#)



“Syringe service programs (SSPs) distribute sterile syringes, safer drug use supplies, and education to people who inject drugs. These harm reduction programs are proven to reduce HIV and HCV infection rates by about 50%.”

- **National Harm Reduction Coalition**

Where to find Syringe Access Programs (SAP) in Mercer County:

1. Hyacinth Foundation, Trenton

- **Location:** 849 West State Street, Trenton, NJ 08618
 - **Hours:** Monday, Wednesday & Friday from 12:00 PM to 3:00 PM
 - **Phone:** 732-668-9753
 - **Email:** info@hyacinth.org
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“We have the right to know the ingredients of what we put into our bodies, whether what we’re ingesting is food, alcohol, or drugs. Over the years, people who use drugs have developed strategies to keep our people safe. Fentanyl test strips (FTS) are one of those strategies — use them to test your bag and make the most informed decision for yourself.” - [New Jersey Harm Reduction Coalition](#)



Where to Find Fentanyl Test Strips In Mercer County:

1. New Jersey Harm Reduction Coalition Fentanyl Test Strip Mail Program

“We will mail fentanyl test strips for free to anyone in New Jersey who wants to test their drug supply. If you know you have fentanyl in your supply, you can practice harm reduction strategies to reduce your chance of overdose. And, when in doubt, assume fentanyl is present.”

- **Link to access:** <https://njharmreduction.org/get-fentanyl-test-strips/>
 - **Call or Text:** 1-877-4NARCAN
 - **How to use Fentanyl Test Strips:** <https://nextdistro.org/resources-collection/how-to-use-fentanyl-test-strips>
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“Treatment and support services are available even if you do not have insurance. CALL 1-844-REACHNJ to learn about your treatment options.”

- [New Jersey Department of Human Services](#)

Important Hotlines to Call If You or a Loved One Is Experiencing a Crisis:

1. ReachNJ

“ReachNJ is a 24-hour-a-day, 7-day-a-week addictions hotline where people who have substance use disorder (SUD) or friends and family of people with substance use disorder can get immediate assistance and support from live, New Jersey-based, trained addiction counselors. Anyone who calls the program’s toll-free number, 844-732-2465 (844-ReachNJ), will reach a staff member who will help connect them to treatment. ReachNJ will assist callers regardless of their insurance status.”

- **Number: 1-844-732-2465**

2. Suicide and Crisis Lifeline

“We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States. The previous Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis.”

- **Number: 988**