

# NowPow Referral Spotlight

June 2021



Meals on Wheels of Mercer County offers a comprehensive nutrition program and home delivery of prepared meals to participants that are homebound. Meals are delivered by generous volunteers and additional social service referrals are made to meet other needs. Beyond daily meals, Meals on Wheels provides special holiday meals, pet food to participants with furry friends, delivery of emergency food boxes during inclement weather, and so much more. Make a referral today or sign up to volunteer!!!

## Meals on Wheels - It's more than a meal!

### Offerings:

- Prepared meal delivery
- Non-perishable groceries
- Senior farmer's market vouchers
- Nutrition counseling and education
- Emergency food boxes (during inclement weather)
- Pet food delivery
- Volunteer opportunities
- Friendly call program
- Therapeutic meals (renal, free of gluten, lactose and vitamin K)

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Newsletter. Send nominations to Jessica  
Burnett at

[jburnett@trentonhealthteam.org](mailto:jburnett@trentonhealthteam.org)

### Eligibility:

- Must be over age 60 years
- A resident of Mercer County
- No life-threatening food allergies
- Special Populations: Homebound, People with Developmental Disabilities, People with Physical Disabilities, Senior Citizens

**WE TAKE NowPow REFERRALS**